# How CABs help define quality

Using Data to Better Our Services



#### Agenda

- CABs & Quality
- What We Are Doing
- Reading Your Dashboard
- Advising Your Organization

#### Before We Start...

How combining a CAB and data became a personal mission for me...

#### **CABs and Quality**

- Our Community Advisory Board (CAB) is a volunteer board comprised of dedicated patients and families of patients who provide feedback and suggestions on the programs and services that Callen-Lorde provides.
- The CAB meets with Callen-Lorde staff on a quarterly basis to discuss which aspects of our programs are successful and which could use some improvements.
- The CAB is a vital part of our patient feedback and a wonderful way to give back to Callen-Lorde.

#### What is a CAB?



#### **CABs and Quality**

- The goal is to maximize each as much as possible given one's particular circumstances.
- In other words, the objective is to maximize quality of care and patient service.



#### **CABs and Quality**

- Quality measures are tools used to make sure we are delivering quality care that is:
  - effective

fair

safe

- and timely
- patient-centered
- Most quality measures are based on medical evidence, using data to make clinical decisions.
- There are several organizations that focus on quality measures.

#### **Quality Measures**



#### What We Are Doing

- Discussions were held in November's 2018 CAB meeting on how to decide where to make quality improvement recommendations.
- The realization was made that we needed data to help guide our focus.
- The Callen-Lorde Community Advisory Board has requested a CAB Quality Dashboard (Scorecard vs. Dashboards and why that matters in non-profits).
- A partnership was built with the data and quality teams.

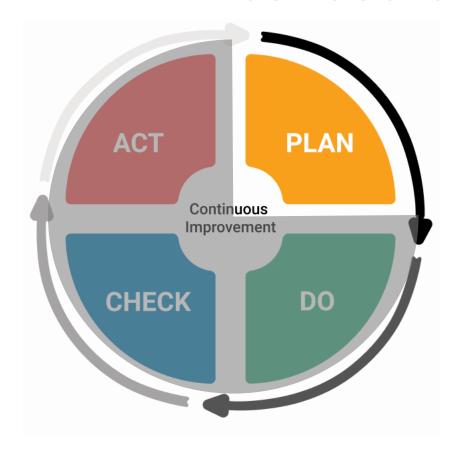
## How Do We Know Where to Start?





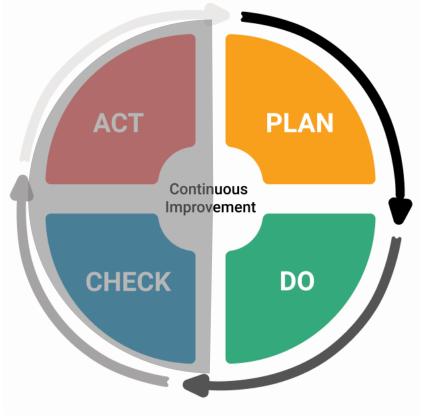
- A conversation with providers and our data and quality team resulted in the recommended following measures.
  - Wait times on Call Centers.
  - No show rates for appointments.
  - 3<sup>rd</sup> Available Appointment.
  - Depression Screening Rates.
  - HIV Viral Suppression Rates.
- Partner with Callen-Lorde's Quality and Data Teams.
- We asked for demographic breakdowns based on race and age.
- Based on Sata from 2018.

## Plan to Use a Dashboard



- Once the Dashboard is complete we move to the next phase:
  - Review the measured results. Look for anything that is outside the perception of what the CAB believes makes sense\*
  - REMEMBER: Outliers may still be important.
  - Create a report that will be shared during the next review with Callen-Lorde staff that:
    - Asks for clarity on measures that might not work.
    - Makes recommendations that might improve measures that are outside acceptable levels.
    - Get commitment from Callen-Lorde on accepting recommendations.

## Build the Dashboard and Make Recommendations

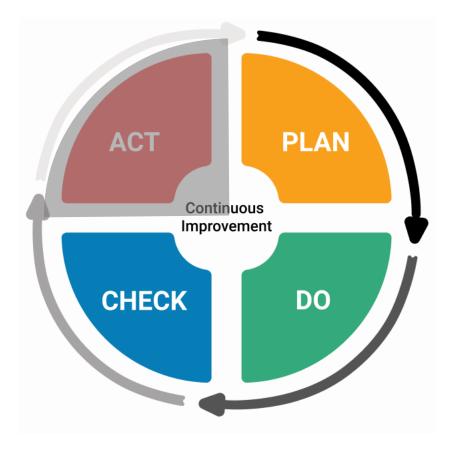


\* Our perception vs what the data says



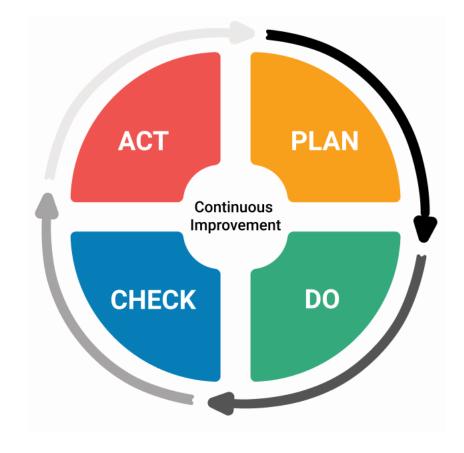
- Fall 2019 Refresh (Review Data for 2019 YTD)
  - Work with both the data and quality teams.
  - Ask them to help explain the changes.
- Check to see if proposed plans improved service and changed our measures.
- Why did certain things work?
- Why did others not?

## Wait, Refresh and Check?



- Make continued recommendations based on results.
  - Review items we performed well at and check to see if recommendations can be made to replicate.
  - Review areas we underperformed in and discuss perhaps what can be done better.
  - Look for areas that simply require additional monitoring.
- The goal is to use the dashboard to open quality conversations with Callen-Lorde staff

#### Review with Callen-Lorde Staff



#### **Reading your Dashboard**

#1 Partner with your Data and Quality Teams.

#2 Ask lots of questions about the data.

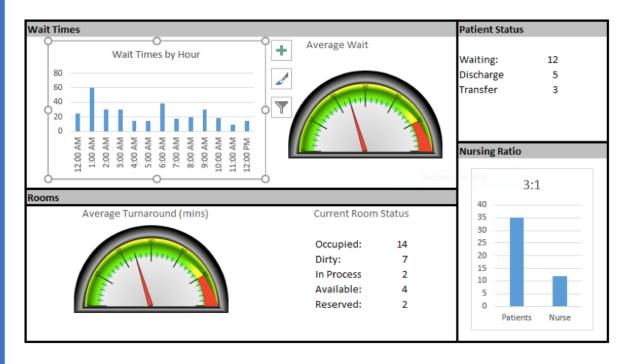
#3 Understand data terms (Percentage, Numerator, Denominator, Requirements, etc.). Bring someone in to help if necessary.

#4 It's ok if the data says something may be wrong.

#5 Discuss why the data might be saying something.

## How to Read a Dashboard

#### **SAMPLE DASHBOARD**



#### Advising your organization

- Inform your organization of the priority of the dashboard.
- Write a letter to Leadership.
- Request audience with Leadership.
- Have presentation for Senior Management.
- Request department heads attend CAB meetings to discuss concerns and policy.
- Invite the Executive Director to the CAB meeting.
- Invite chairperson of the Board of Directors to CAB meeting.

## Tips for communicating with your organization



#### Advising your organization

### Tips for meeting with Arrange the visit through a liaison. Be prompt, but be patient. Your organization

- Introduce yourself and any person in your group.
- Designate in advance who will lead the discussion and what points you wish to make.
- Keep It Short & Simple (KISS): State why you have come and clearly outline the case for your position on the issue that prompted the meeting.
- Give examples of how the issues affect the clients/patients/staff of your center.
- Stay focused on the two or three key recommendations you want to leave.
- Answer any questions asked of you, but if you do not know the answer, do not bluff.
- If you have written out your issues, leave a one-page position paper.
- Do not be disappointed if you end up meeting with staff other than the Executive Director.
- The Executive Director depends on advice from staff because it is impossible for them to be the only driving force on all issues.



#### Thank You